Restology Offer Pen Pals

This Restology pledge is run in partnership with North East Wales Carers Information Service for unpaid adult carers. Our free Pen Pals programme is here to help you make new friends and share your experiences with other carers who can relate through the art of writing. If you're caring for someone, we welcome you to join our community of Pen Pals!

- This Restology pledge is totally free for unpaid carers to access.
- To find out more about NEWCIS please click on their logo.
- To apply for a Pen Pal please get in touch with us at Carers Plus Yorkshire.





